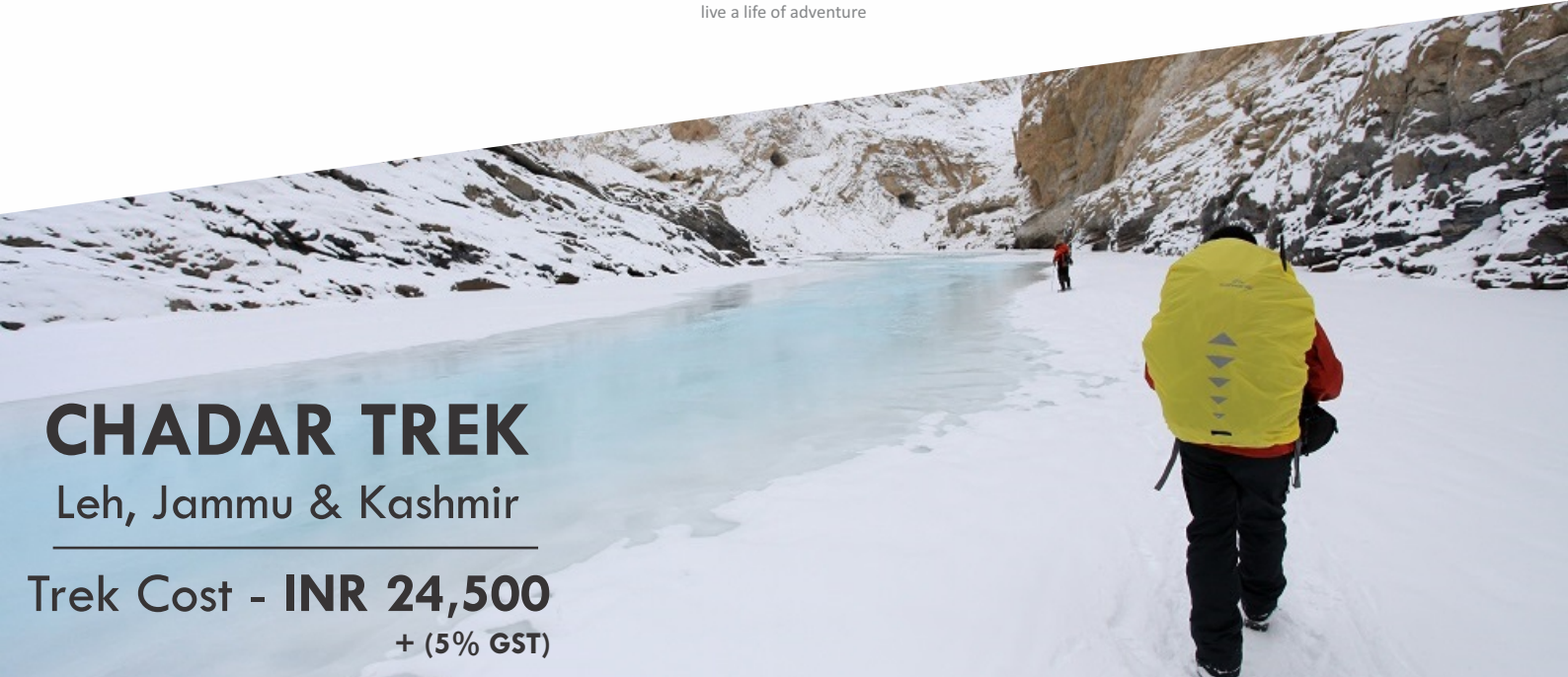




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CHADAR TREK

Leh, Jammu & Kashmir

Trek Cost - **INR 24,500**
+ (5% GST)

(Leh to Leh)

Overview

The word Chadar means blanket and is used to refer to the trek along the frozen Zaskar River. The Chadar Trek or the Zaskar Gorge is a winter trail in the Zaskar region of Ladakh, in the Indian state of Jammu and Kashmir. Traditionally the only means of travel in the area during the harsh winter months, the trail has become popular with international adventure tourists.

Height of the peak

11,150 Feet

Vacation Style

16-45 Years Of Age

Camping Trek

Activity Level

Difficult

Group Size

Medium & Large Groups

7 & 15

Duration

9 Days

Km

One Way

16 Km



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CHADAR TREK

Leh, Jammu & Kashmir



Short Itinerary

- ▲ **Day 1** - Fly to Leh
- ▲ **Day 2** - Leh to Chilling
- ▲ **Day 3** - Chilling to Gyalpo
- ▲ **Day 4** - Gyalpo to Tibba Cave
- ▲ **Day 5** - Tibba Cave to Nerak Village
- ▲ **Day 6** - Nerak Village to Tibba Cave
- ▲ **Day 7** - Tibba Cave to Gyalpo
- ▲ **Day 8** - Gyalpo to Leh
- ▲ **Day 9** - Return to Leh airport

Brief Itinerary

Day 1 - Fly to Leh

You will be received at Leh airport by our representative and transferred to your hotel. Day free at Leh. There are plenty of things to be seen in and out of Leh town but we do not recommend any major exercise immediately. Allow time for acclimatization. However a walk around the old town and perhaps up to the old palace would not be out of the question.

Day 2 - Leh to Chilling (Camp Site)

Morning after early breakfast drive to Chilling along with your trekking team. The road goes past Chilling to Tilad Sumdo. To reach the camp-site, you have to cross the frozen Zaskar; and this is when you take your first steps on the Chadar. Overnight at the campsite.

Day 3 - Chilling (Camp Site) to Gyalpo

Today is a long walking session, about 12 km, on the Chadar. After passing Shingra Koma, you reach the camp-site for the day at Gyalpo, where the tents have already been pitched by the porters. The Gyalpo campsite is at a bend in the river, surrounded by high peaks and walls of rock-faces which almost look man-made. All that is left to do is to soak in the views, have an early dinner and call it a day.



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Brief Itinerary

Day 4 - Gyalpo to Tibba Cave

This day follows the same early morning routine. Today you will go from Gyalpo to Tibb Cave which is about 13 Kms in distance. Today's walk through the deep ravines of the Zanskar is stunning. At Tibb, there is a big cave. This cave is the dwelling of all the porters, and they welcome you warm-heartedly in here. Overnight at the campsite.

Day 5 - Tibba Cave to Nerak Village

After breakfast begin your journey to Nerak village. Today you will witness some spectacular sights. The Naerak village lies several feet above the river; a vigorous hour-long trek can take you to the village if you want to see the life of a Zanskari. The camp is set up close to the river. Overnight at the campsite.

Day 6 - Nerak Village to Tibba Cave

Today you start the return journey and go back to the Tibb cave. And if you thought that it was just a matter of retracing your steps back to Chilling, you can think again. The Zanskar River reacts to the slightest change of temperature, and constantly keeps changing over time. The Chadar would have taken a completely new form, and will it will almost be impossible to say whether you have been here before. Overnight at the campsite.

Day 7 - Tibba Cave to Gyalpo

After breakfast begin your journey to Gyalpo. You can see several trails of pug-marks all along the trek – footprints belonging to foxes, ibex or snow-leopards. You would be lucky to view a snow-leopard; but you can almost be sure that you are being watched by one all the time. Overnight at the campsite.

Day 8 - Gyalpo to Leh

This is the last day of treading on the Chadar – the last chance to immerse in the pristine beauty of the frozen river. Once you reach Tilad Do, it is time to say good-bye to the Zanskar and the Zanskaries. Transfer to your hotel. Overnight Leh.

Day 9 - Return to Leh airport

As this unforgettable journey gets over, you depart from Leh having a newfound respect for the Zanskaries who brave all odds and survive with style in their beloved land. Trip ends on your arrival at Leh airport with a great travel experience.



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Inclusions

Whats included in this tour - Items that are covered in the cost of tour price.

- ⤴ All breakfasts, lunches and dinners during trek (VEG). No breakfast on the first day of the tour and no lunch and dinner on the last day of the tour
- ⤴ All accommodation from Leh to Leh on Triple Sharing Basis
- ⤴ All transport costs ex-Leh in Non AC vehicle
- ⤴ All camping equipment's & Medical Kit
- ⤴ Professional Trek Leaders (Experienced Guide/Staff)
- ⤴ All Airport Transfers

Exclusions

Whats excluded in this tour - Items that are not covered in the cost of tour price.

- ⤴ Wildlife & ALTOA Chadar Registrations for Trekkers to be paid directly in Leh (Approx. ₹ 2800 - ₹ 3500). This fee was not collected from the trekkers earlier; however, it is at the sole discretion of the respective authorities and is decided upon, on a yearly basis.
- ⤴ Any other Royalty, Environmental Fee, Tax or similar Levy that the Govt. or any competent authority may impose on trekkers choosing to do this trek.
- ⤴ Travel insurance and other emergencies
- ⤴ Non-Veg Meal
- ⤴ Porter to carry personal luggage
- ⤴ Trekking shoes and Clothing
- ⤴ Liquors, beers and bottled beverages
- ⤴ Photography accessories like cameras etc.

How to Reach

By Air

Flying over miles and miles of heavily snowed mountains will tell you just why it's impossible to reach Ladakh by road in the winters. Jet Airways, Air India and Go Air provide daily (once every day) flight service between New Delhi and Leh. However if you plan a trip to this area of the country, you must try to book your tickets well in advance. This might even cut down the prices which may be levied on booking at the last time. You would enjoy the flight as you would fly over many untouched areas and even some mountain ranges. The aerial view is just fascinating and gives a great start to your tour.

Extra Cost

Porter will carry trekker's luggage at ₹ 500 per bag per day for up to 10 kgs/bag. Wildlife & ALTOA Chadar Registrations for Trekkers to be paid directly in Leh (Approx. ₹ 2800 - ₹ 3500). This fee was not collected from the trekkers earlier; however, it is at the sole discretion of the respective authorities and is decided upon, on a yearly basis.



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Things to Carry

- ^ 1 Pair of Thermal
- ^ 4 Pair of Socks
- ^ 4 Pair of Woolen Socks
- ^ 2 Pair of Hand Gloves (Water Proof & Fleece material)
- ^ Sun Cap
- ^ Woolen Cap
- ^ Neck Warmer (Scarf/Buff)
- ^ 2 Quick Dry Full Sleeves (T-Shirt)
- ^ 1 Full sleeves Fleece
- ^ 1 Wind Proof Jacket (windcheater/Heavy Jacket)
- ^ 1 Down Jacket
- ^ 2 Track Pants (No Cotton or Jeans)
- ^ Sun Glass
- ^ Sun scream, Lip balm, Moisturizer.
- ^ Torch
- ^ Trek Pole
- ^ Water proof Trekking Boots (No Sports shoes or Woodland shoes)
- ^ Poncho (The Gear used to protect from Rain)
- ^ Day pack (Small one)
- ^ Back Pack 60 ltr (+ Rain cover)
- ^ 2 Water Bottles
- ^ Toilet Paper & Wet Wipes
- ^ Hand Sanitizer
- ^ Antibacterial Powder
- ^ Water purification Pills
- ^ Tooth Brush

Medicines to carry

- ^ Crocin (1 Strip)
- ^ Disprine (1 Strip)
- ^ Lomotive (1 Strip)
- ^ Digene (1 Strip)
- ^ Guaze
- ^ Diamox (1 Strip)
- ^ Dettol
- ^ Band Aid - Qty 5
- ^ Neusporine Powder
- ^ Betadine Tube
- ^ Vomistop/Avomine (Motion Sickness Tablet)

Contact Details

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